

# St. Thomas The Apostle Anglican Church

110 Francis Street, Cambridge ON, N1S 2A1

## "KEEPING IN TOUCH – August 2021"

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### A FEW DATES TO MARK ON YOUR CALENDAR

1. Bible Study of the Psalms: **every Thursday** (starting July 29) from **12:30 - 2:00**  
*please connect with Pastor Steve if you're interested*
2. Pastor Steve's vacation: Mon Aug 23 – Tues Sept 7  
*(details on services and pastoral care coverage to follow)*

NOTE: "Cooking with the Greenes", "Gospel Café" and "Baking for the Bridges" are all on hold for the summer.

If you are not already signed up as a member of **Pastor Steve's "Gospel Café"** Facebook group, email him at [stevegreene@diohuron.org](mailto:stevegreene@diohuron.org) to be added. There are some amazing interviews to watch!

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### A FEW SILLY SUMMER RIDDLES

- 1) Which kind of fruit must have a large wedding ceremony with lots of people in attendance?
- 2) I always try my best to keep up with mustard and bbq sauce. Who am I?
- 3) What fruit never wants to be alone?



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**NOTE:** Our favourite "Chats with Susan Grenville" are taking a rest for the summer. We'll be looking forward to having a new parishioner highlighted in September.

## **Pastor's Ponderings**



How often do you intentionally worship God? Is it a Sunday thing? Is it a first thing in the morning devotional time practice? Is your worship based on availability? This month, we have many intentional holy days. Days, according to our Anglican tradition, that call us to study, reflect and live out our Baptismal covenant. Days given to us to preach the Good News, deep dive into His Holy Word and Will and bear His fruit (John 15, Galatians 5)!!! We have St. Stephen's (Aug 3 or Dec 26), the Transfiguration of the Lord (the 6th), St. Mary the Virgin (15th) and St. Bartholomew the Apostle (24<sup>th</sup>), just to name a few.

Worship cannot be simply set to a time, space, place nor agenda. Worship by its root and etymology is to "venerate, give glory, reverence, dignity, distinction and rightly giving worth." Our very lives are manifestations, demonstrations, beautiful examples of giving God the reverence, distinction and praise, which is rightly due. It's not the be-all and end-all with our Hymn books and prayer books to intimately and intentionally worship. The simplicity of cleaning one's floors is worship. The rigor of mowing the lawn is your moment to worship. Preparing a meal for a loved one is worship. Tapping your fingers on the steering wheel and humming your favourite tune blaring from the car's radio is worship. Be it the cleaning, mowing, cooking or driving, each moment is a ripe opportunity to give thanks to God for who we are and the gifts we have been given (a house to clean, a lawn to cut, food to cook, a car to drive).

May this month, with its many holy days, be filled with extravagant moments. Moments that open your eyes, your hearts and your spirits to the transformative power and presence of an all-encompassing life of worship.

Your Pastor, Steve+

*And whatever you do, in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.*

Colossians 3:17

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### **Do You Know?**

1. What was Esther's Hebrew name?
2. The wife of this Prophet was a "promiscuous woman" (NIV)?
3. Who healed Paul from his conversion experience (blinded)?
4. Which of the following is NOT a feminine name in the Bible: Naphtali, Jezebel, Bilhah or Zilpah?
5. Who married Asenath? Names of the children?
6. What is the shortest book in the Old Testament: Leviticus, Haggai, Micah or Obadiah?
7. What is the shortest book in the Bible?

# Summer Sudoku Puzzle

**Instructions:** Fill in the missing numbers (from 1 to 9) to solve the Sudoku puzzle. Each column, row and 3x3 subgrid **must** only contain each number once.



7		3		4		8	5	
8	5		6	9	7		4	2
	4	2	3	5		6	1	
3	7	4	5	2	9	1	8	
	1		4	7			3	5
	9	6			3	7		4
		5		6	2	4	9	3
4		7		1	5	2		
6	2	9	8		4	5	7	

PEOPLE ARE OFTEN UNREASONABLE  
ILLOGICAL AND SELF-CENTERED

**forgive them anyway**

IF YOU ARE KIND PEOPLE MAY ACCUSE  
YOU OF SELFISH ULTERIOR MOTIVES

**be kind anyway**

IF YOU ARE SUCCESSFUL YOU WILL WIN SOME  
FALSE FRIENDS AND SOME TRUE ENEMIES

**succeed anyway**

IF YOU ARE HONEST AND FRANK  
PEOPLE MAY CHEAT YOU

**be honest & frank anyway**

WHAT YOU HAVE SPENT YEARS BUILDING  
SOMEONE COULD DESTROY IT

**build anyway**

IF YOU FIND SERENITY AND HAPPINESS  
SOME MAY BE JEALOUS

**be happy anyway**

THE GOOD YOU DO TODAY  
PEOPLE WILL OFTEN FORGET TOMORROW

**do good anyway**

GIVE THE WORLD THE BEST YOU HAVE  
AND IT MAY NEVER BE ENOUGH

**give the world the best you've got anyway**

IT WAS NEVER BETWEEN YOU & THEM

**anyway**

— MOTHER TERESA —

### Answers to "Do You Know"

- |                                      |             |
|--------------------------------------|-------------|
| 1. Hadassah                          | 2. Hosea    |
| 3. Ananias                           | 4. Napthali |
| 5. A) Joseph B) Ephraim and Manasseh | 6. Obadiah  |
| 7. 3 John                            |             |

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### Answers to the "Summer Sudoku Puzzle"

7	6	3	2	4	1	8	5	9
8	5	1	6	9	7	3	4	2
9	4	2	3	5	8	6	1	7
3	7	4	5	2	9	1	8	6
2	1	8	4	7	6	9	3	5
5	9	6	1	8	3	7	2	4
1	8	5	7	6	2	4	9	3
4	3	7	9	1	5	2	6	8
6	2	9	8	3	4	5	7	1

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### Answer to "A Few Silly Summer Riddles"

- |                |                       |                |
|----------------|-----------------------|----------------|
| 1) Can't-elope | 2) Ketchup (catch-up) | 3) Pear (pair) |
|----------------|-----------------------|----------------|





## RECIPE OF THE MONTH → **Easy Lentil Wellington** *(submitted by Sharon Furnival)*

*(taken from a cookbook from "HealthyLivingJames.co.uk")*

Super easy gluten free & vegan Lentil Wellington which looks amazing!

### **Ingredients**

2 sheets gluten free puff pastry  
200 g chestnut mushrooms finely, chopped  
150 g pre-cooked chestnuts finely, chopped  
2 tbsp tamari  
2 x 400 g cans pre-cooked lentils  
2 garlic cloves, crushed  
2 tbsp gluten free & vegan gravy granules/powder  
2 tsp dijon mustard  
1 tbsp tomato puree  
large sprig rosemary finely, chopped  
large sprig thyme finely, chopped  
olive oil

### **Directions**

1. Firstly pre-heat your oven to 200C
2. Now to a large pan, add a drizzle of olive oil, 200g chopped mushroom, 150g chopped chestnuts and 2 tbsp Tamari and cook together for a few minutes until the mushrooms soften and brown off
3. Now add the drained lentils (make sure no excess liquid), 2 crushed garlic, 2 tbsp gravy powder, 1 tbsp tomato puree, 2 tsp dijon mustard, large sprig of rosemary and thyme finely chopped and mix
4. Cook together for a couple minutes, then take off the heat and allow to cool for 5-10 minutes
5. Meanwhile place your first pastry sheet onto a baking tray then spoon on the lentil mix making sure to not go right to the edges, give it some height I aim for 2 inches and keep it compact
6. Once the shape is formed (see the step by step photo in the photos above) place the next pastry sheet on top and press tightly round the edges
7. Cut off any excess pastry (save for shapes) then press round the edges with a fork before slicing a few lines into the top to release steam, now lightly glaze the top with olive oil
8. Place in the oven at 200C for 20 minutes until lightly golden, allow to sit for 5 minutes before slicing (make sure to cut carefully with a sharp knife)

**Makes:** 8 servings

