

St. Thomas The Apostle Anglican Church

110 Francis Street, Cambridge ON, N1S 2A1

"KEEPING IN TOUCH – July 2024"

Website: <https://www.stthomascambridge.ca/>

Facebook: <https://www.facebook.com/St.Thomas.the.Apostle.Cambridge>

A FEW DATES TO MARK ON YOUR CALENDAR

July 7th and 14th Services



While Pastor Craig is on vacation for the first two weeks of July, St. Luke's have invited us to attend Morning Prayer with them each week, with their lay reader, Eileen, leading the service and preaching. So, enjoy the extra "sleep in" time and join us at St. Luke's at 10:30 am each Sunday in July. Rides are available for anyone who needs one. Please call Kathy Brown at 519-624-6451 or Rick & Sharon Furnival at 519-620-1272.

Rev. Paul Poolton, rector at Trinity Anglican Church, has graciously agreed to cover any emergency pastoral care which we might need during Rev. Craig's vacation. If you need to speak with him, he can be reached at 519-560-7171, or if you prefer, contact Kathy Brown or Rick Furnival and they will put him in touch with you.

Thursdays (1pm) Midweek Holy Communion Service: Pastor Craig invites you to join him every Thursday afternoon for a smaller, quieter gathering for worship followed by a time of discussion and learning.

NOTE: There will be no service on July 4 or 11 while Rev. Craig is away.

**On hold for
the summer**

Weekly Bible Study: will be taking a summer break and will resume in September.

PASTOR'S PONDERINGS

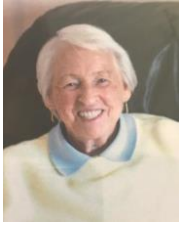


The summer has finally come. This is the season of longest days & shortest nights. Now is the time of heat & leisure. Our pace slows. It is the time to step back from all the busyness, & to be reminded of what matters. It is the time for barefoot picnics in the shade, & flip flops on sandy beaches. It is the time for looking up to watch clouds floating by above us, & for pondering the greatness of Creation on starry nights. We awake to singing

birds, & the excited shouts of children stir memories of the times when we too were young. These are only a few of the many things that mean "summer" to us. Whatever it means to you — & wherever you find yourself this summer — may you stop to smell the flowers, & take a hint from them. May your breathing slow & your hearts bloom, remembering that Christ is always with you.

Craig+

TWO SAD GOODBYES

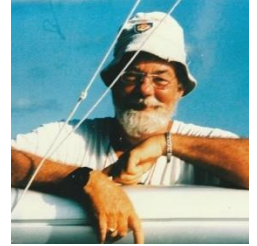


As most of you know, our long-time parishioner, Barbara Smith, died tragically in a car accident on June 20th. Barbara was the President of our ACW and a huge part of our congregation. We are really going to miss her! Please keep all of her family in your prayers. Barbara's funeral details are as follows and here is a link to her obituary: <https://memorials.corbettfuneralhome.ca/barbara-smith/5450471/index.php>

Fri July 26 (6 – 8pm): Visitation at Corbett Funeral Home (95 Dundas St N)

Sat July 27 (11am): Memorial Service at St. Thomas the Apostle, with a reception afterwards

Sadly, Dick Murphie, one of our past parishioners who many of you know, died on May 13th. Please keep Jo and her family in your prayers. There will be a Masonic Service followed by a party to celebrate Dick's life. Please wear colourful clothes and bring a story to share. If you have any pictures to share, please send them to Jo ahead of time at: jowkbk@hotmail.com Here is a link to Dick's obituary: <https://www.tricitycremations.com/obituaries-condolences/james-richard-dick-murphie>



Sun Aug 18 (2pm): Portuguese Club (870 Townline Rd)

THE END OF OLD AGE

by Dr. Marc E Agronin

As you age, then, number both the days and the details of your accomplishments. Wear your crown of wisdom with pride and never shy away from sharing it with those you care about.



Measure yourself not by how you look but by how you rise. Hold tightly to the values and virtues of your past that define who you are, but do not be afraid to let go at times and step forward into a new light. Do not stand by when those too weakened by age, disability or disease seem to fail at this task, but grab hold of them and help them shine as well. When we create the life, love and lasting legacy that truly make us the valuable and valued person we yearn to be, that is the end of being old and the beginning of aging with wisdom, purpose and creativity.

A LITTLE CANADIAN TRIVIA

- 1) What is the national animal of Canada?
- 2) Which indigenous language is most widely spoken in Canada?
- 3) How many times has Canada hosted the Olympics?
- 4) What year was the loonie introduced?
- 5) What year was the toonie introduced?
- 6) Which is the only officially bilingual province in Canada?
- 7) How many time zones does Canada have?
- 8) Which animal is on the Canadian quarter?
- 9) How many points does the maple leaf have on the Canadian flag?
- 10) What was the previous name of the Toronto Raptors?



THE 40TH ANNIVERSARY OF OUR ST. LUKE'S / ST. THOMAS JOINT SERVICE (& originally a campout weekend) AT MCPHERSON'S CAMPGROUND

It looked like rain, but as has happened so often in the past, the weather cooperated and we were able to celebrate outside overlooking the beautiful Grand River.



What better place could there possibly be to appreciate nature and give thanks to God?



Click here to see the rest of the pictures: <https://www.stthomascambridge.ca/pages/highlights-from-past-services-events>

A Tribute to MacPherson's "CAMPOUT '84" (an original poem by Marilyn Debrusk)

We're all safely home now, had a bath or a shower
And smelling once again, as sweet as flower.
But fond memories of fellowship at CAMPOUT '84
Will linger with us always, and we hope there'll be more.

Fred and Betty, you have been such excellent hosts,
And of many good times, St. Luke's and Holy Trinity can boast.
You settled us in, in our homes away from home
And shared your picturesque property on which we did roam

Fred pulled us around on hayrides without hay
But the hay wasn't important, we had fun anyway
We sang around the campfire and who could forget
Those delicious grilled sandwiches, the best flavour yet.

The canoe rides on the Grand amused young and old,
Thought a few rescues were needed, as we were told.
As many can vouch, the fish just weren't biting,
But untangling the kid's lines proved very exciting.

The horseshoes did clang and the tetherball did swing,
And most tried the stilts, walking proud as a king.
Some preferred yet to doze away time in the shade,
While others chatted in the sun and new friends were made.

The baseball teams competed in the hot, hot sun
The "Saintly" umpire couldn't decide who had won.
Some people said he couldn't play ball,
But he sure did try to give it his all.

The Sunday School Teachers led the group in races
As the prizes were won, there were smiles on the faces.
The buffet was enjoyed when it looked like rain
The only two not present were "Tarzan and Jane"!

In the evening, we swung our partners to and fro,
And did promenade, and do-si-do.
Some didn't know their left from their right
Yet all could flap their arms like a bird in flight.

On Sunday, the folk group led us in song,
The soloist entertained, his voice sure and strong.
With a little more grey in his beard you could say,
He just may replace Kenny Rogers one day!

The barefoot minister in white and red,
Baptized and Blessed, and broke the Bread.
The line for communion seemed never ending,
It warmed the heart, so many attending.

And then there was coffee and food for all,
More canoe rides and hayrides for big and for small.
It was time to pack and secure things tight,
And one by one, the campers drove out of sight.

So thanks again, Fred, and Betty too,
And all who helped and supported you.
For a weekend of Christian fellowship and love
And God showed His pleasure with the sunshine above.

ANSWERS TO “A LITTLE CANADIAN TRIVIA”

- | | | | | |
|------------------|---------|------------|---------|---------------------|
| 1) the beaver | 2) Cree | 3) Three | 4) 1987 | 5) 1996 |
| 6) New Brunswick | 7) 6 | 8) Caribou | 9) 11 | 10) Toronto Huskies |

A Financial Update

As our parish inevitably continues to age and more of our dear long-time members move on to their next life, our income is starting to reflect this reality. That, together with a slow return to church in the wake of the pandemic, plus the increase in cost for utilities, etc., has made it obvious that our income is not able to keep up with our expenses in the way it has in the past. Fortunately, we do have investments as back up and, as mentioned in the Wardens’ Report to Vestry (Jan 2024), we have decided it is prudent to begin using the income from some of our investments to supplement our monthly givings in order to ensure that we remain a viable church for many years to come.

In view of this, in May we began transferring \$1,000 of earned interest per month from our Mackenzie Funds into our operating account. In addition, a few parishioners have generously submitted “top up” donations and we are pleased to report that at the end of May, for the first time in a long time, our net income to date is in the black.

Just a reminder as we move into July, if you’re not already signed up for automatic debit, please consider trying it, or alternatively, please submit your offering envelopes before heading off on vacation if at all possible, instead of waiting until you return, to help assure a steady flow of income.

Keep On

Keep On Showing Up

Keep On Seeding the Good

Keep On Being Mindful

Keep On Helping

Keep On Trying

Keep On Hoping

Keep On Giving Back

Keep On Paying It Forward

Keep On Being the Light

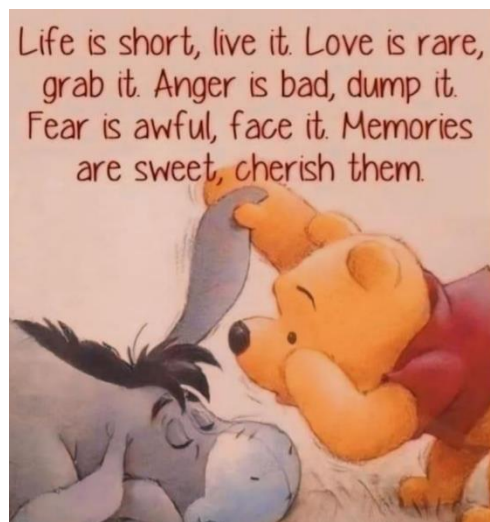
Keep On Serving

Keep On Loving

Keep On Caring

Keep On Smiling

Keep On

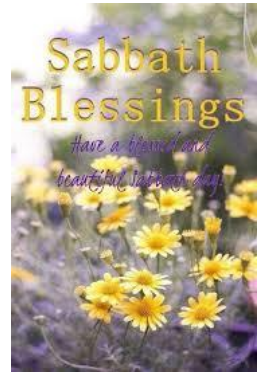


SABBATH REST

(from YouVersion daily devotionals)

Humans have a complicated relationship with rules. Even as small children, we struggle to understand the “why” behind them.

Consider how parents teach children to brush their teeth, reminding them morning and night. That child might only appreciate the chore years later, as they grow into adults and experience expensive and uncomfortable dental work. It’s then that a dull tooth-brushing routine feels valuable. What a shift in perspective! We weren’t made to serve a strict toothbrushing schedule, but toothbrushing was made to serve us to help maintain healthy teeth.



Jesus brings similar wisdom and perspective to the expectation of taking a regular day of rest (Sabbath). The Jews knew that God was insistent on Sabbath observance, but they almost thought of it as if it were a chore. Jesus reminds them that people weren’t made for the Sabbath, but the Sabbath was created for people by God to provide much-needed rest. Sabbath rest is God’s rhythm to bless us, not God’s requirement to burden us.

How can we know this is true? Jesus is the Lord of the Sabbath. He’s the maker (and fulfiller) of all God’s good rules, and He knows that regular rest is one of the rhythms that leads to an abundant life.



A BIG “MEMORIAL GARDEN “ THANK YOU!

Thank you to the volunteers who have spent hours working in the front garden & Memorial Garden, cleaning them up after the winter. The “before” and “after” pictures say it all!

(Sharon Furnival / David Vann / Rick Furnival / Anne Needham / Pastor Craig / Kathy Brown / Aiden - a student friend of Susan Grenville)

